

# Neighborhood Walks and Field Trip Safety Rules

- State the ground rules. "Walking for safety". "Hold hands." "Stop at every street crossing." Practice the rules with the children, "Look to the left and then to the right." Play "red light/ green light/ yellow light" games.
- Let children know your safety expectations: walking feet, all children must stay with the group, listen to directions, never leave the group with a stranger – someone you don't know! etc.
- All children must stay with the group – if a child has to use the bathroom, an adult must accompany him/her
- If you are taking a stroller, the younger or easily diverted children can be asked to hold on to the other children's hands.
- Let the children know before you go on a field trip that you return immediately if children act in an unsafe manner . Stay calm if it happens, but don't back down. You can always try another day and the children will learn that you are serious about safe behavior.
- Notify other Staff of your usual neighbourhood routes and any special field trips.
- Plan trips based on the ages of the children.
- Plan for rests along the way. Know where the public washrooms are.
- Take a compact first aid kit and your "Emergency/Consent cards".
- Carry a survival bag with spare clothes, finger food snacks, beverages, Kleenex, etc.